



The stroke support group hosts live events at Evanston and Highland Park Hospitals (currently virtual events), for stroke survivors, family members and caregivers. Various topics will be covered by guest speakers. Previous topics have included: medications, nutrition, aphasia, sleep issues and exercise. Other meetings consist of open discussion with stroke survivors, family members and caregivers, games, community outings (i.e. Botanic Garden) to learn about resources available within the community and networking opportunities.

This group is open to all members of the community.



For more information, please contact:

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